



Carla Mentlow

March 17, 1965 - July 8, 2018

Reflections of a Life Well Lived

Carla Mischelle Mentlow was a woman of God who dedicated herself to service, especially helping children. As a very young girl she always sought out the children that the others shunned and befriended them. She was born March 17, 1965 (St. Patrick's Day) to James Mentlow (Sr) and Vivian Mentlow both deceased. Early on she displayed a talent and propensity for writing, penning her first poem Wonder Books at the age of 9. After this came her true passion in life, her Lord and Savior Jesus The Christ. She accepted Christ and was baptized around the age of 11 at the Galilee Missionary Baptist Church where she worshipped and served for the next 42 years until her death. Serving two tenures as Youth Director, working in the Missionary Society, Youth Choir, Vacation Bible School, Intercessory prayer, Cincinnati Baptist district Association and a host of other service pursuits. She pursued her passion for writing at the School for Creative and Performing Arts majoring in Creative Writing and Orchestra, playing the clarinet. After graduation she initially attended Ohio University in Athens, majoring in Journalism, but soon realized that, although writing was a great skill, her true passion was children. She pursued this passion at the University of Cincinnati in Psychology! After graduation, she held jobs in Child Day Care and Child Advocacy, directed Lydia's House, a private social services agency and ministry for children of parents with HIV and completed her career of child advocacy as a Mental Health Therapist with Greater Cincinnati Behavioral Health Services.

Carla was a woman of character and dedication and an exuberant worshipper, who loved the Word of God, especially coming from her two preaching brothers! Her motto for living, based on her inexhaustible faith in and reliance on God, was "it's gonna be alright"! She will be greatly missed as she left an indelible mark on all those she touched!

On July 8, 2018, Carla Mischelle Mentlow completed her great race and transitioned from earth to glory and into the waiting arms of The Lord! She leaves behind to remember her life: two loving brothers, Rev. James H. Mentlow Jr (Jun) and Ali Khan Al-Mustakeem; a sister, by way of selection of The Lord, Regina Benton; two nephews, Anthony and Courtney Thatcher; a niece Koree Thatcher; a grand niece Amari Danae Thatcher; an aunt, Helen Bush; 21 first cousin/brothers and sisters; 5 second cousins and a host of

other relatives, surrogate children, fellow workers in Christ, colleagues, coworkers and friends.

Cemetery

Spring Grove Cemetery

4521 Spring Grove Ave
Cincinnati, OH, 45232

Events

JUL **Visitation** 10:00AM - 12:00PM

21

Galilee Missionary Baptist Church
2835 Beekman Street, Cincinnati, OH, US, 45225

JUL **Funeral** 12:00PM

21

Galilee Missionary Baptist Church
2835 Beekman Street, Cincinnati, OH, US, 45225

Comments



“ Simply Elegant Spathiphyllum was purchased for the family of Carla Mentlow.



July 18, 2018 at 11:39 AM



“ My Prayers are with the Family

Sis Lee - July 14, 2018 at 03:23 PM



“ Rev. and Mrs. James Mentlow. Sending love and prayer your way.



Martha L.Mason - July 14, 2018 at 08:08 AM



“ A beautiful rose has been picked from the garden of our family! Carla I will truly miss our holiday dinners with my family. You were truly one of a kind. You will forever be in our hearts. Love cousin until we meet again, when God says so!!!!



Darlene Dickerson - July 10, 2018 at 09:31 PM



“ When a warrior has completed her work, God and ancestors, say "It is time to return to the heavens to sit with your ancestors." So my dear Carla Menlow they await your arrival with song and joy.

Family of the late Willa (Dee) & Mary Pickett.

Bamire Yao-Adewale - July 18, 2018 at 11:14 AM



“ Erica sent a virtual gift in memory of Carla Mentlow



erica - July 09, 2018 at 12:54 PM



“ So very shocking to hear of Carla's transitioning. Very beautiful spirit and her love for people was just genuine and angelic. She will be so missed. As I'm typing trying to hold back tears. Reverend Mentlow and family you have the love and prayers from the Bracy family. Not just in words, anything we can do to help we're there. So hurt to hear this news. To the Lee family, We love and praying with you.

erica - July 09, 2018 at 12:57 PM



“ I am sad to hear of Carla's passing. My prayers are with the family. Mona Morrow

Mona Morrow - July 13, 2018 at 06:37 PM



“ The last time I saw Carla Mentlow was at our high school graduation in 1983. She was an awesome friend with great morals. I have tried searching for her and several other friends over the past few years. Wish I had connected with her sooner. I am sure she was a rare treasure for those who had the pleasure of knowing her. I pray that the legacy of your memories will provide much comfort for her friends and family.

Christopher Chaney - July 21, 2018 at 09:49 AM